

# INDIVIDUALIZED TREATMENT PLAN (ITP)



## Rehabilitation Programs Division

### What is an ITP?

It is an Individualized Treatment Plan developed to help meet your rehabilitation needs. It lists programs that you may need to complete or could have already completed. The completion of these programs could be considered during the parole review process.

### When are ITP forms issued?

At UCC, During intake at new facility, and once a year by mail.

### How can you request a copy of your ITP?

Send an I-60 to the Unit Classification Department or the Rehabilitation Programs Division.

### WHO TO CONTACT:

**Rehabilitation Programs**—Send an I-60 to the Institutional Parole Office or Rehabilitation Programs Division

**Windham School District**—Send an I-60 to the Education Department on your unit or the Windham School District

**College**—Send an I-60 to the Post-Secondary Education Department or Rehabilitation Programs Division

**Intensive Volunteer Programs**—Send an I-60 to the Unit Chaplain for questions on volunteer programs available on your unit of assignment

**Administrative Placement (AP):** Program placement based on administrative selection.

**Parole Vote (PV):** A Parole Board decided vote that may require specific program completion prior to release.

**Individualized Treatment Plan (ITP):** The plan of treatment developed for an inmate that identifies the specifics of the inmate’s treatment or program regimen.



Contact Information:  
P.O. Box 99  
Huntsville, TX 77342

Volunteer Services and Operations

Sex Offender Programs

Substance Use Programs

Programs Coordination and Development

Religious Services

**REHABILITATION PROGRAMS**

**Pre-Release Substance Abuse Program (PRSAP) (PV/AP)**

- 6-month substance use treatment program
- Gist, Johnston

**In-Prison Therapeutic Community (IPTC) (PV)**

- 6 month substance use treatment program with 60– 90 days of aftercare
- Kyle, Havins, Halbert, Henley, Johnston, Glossbrenner, Sayle and Coleman

**In-Prison DWI Recovery Program (DWI) (PV/AP)**

- 6 month alcohol use and behavioral treatment program
- Active DWI (or related) conviction

**Pre-Release Therapeutic Community (PRTC) (PV/AP)**

- 6-month substance use treatment program
- Offers educational substance use treatment, life skills, cognitive intervention, employment training, and release planning
- Hamilton, Sayle

**Sex Offender Education Program (SOEP) (PV)**

- 4-month program
- For sex offenders who pose a minimal sexual re-offense risk
- Beto, Hightower, Clements, Hilltop, Hodge, and LeBlanc

**Sex Offender Treatment Programs (SOTP-9) (PV)**

- 9-month program
- For sex offenders who pose a moderate sexual re-offense risk
- 3-Phases (I-Evaluation and Orientation; II-Intensive Treatment; III–Transition and Release)
- Goree, Hightower, Clements, Stringfellow, Hilltop, Hodge, and LeBlanc

**Sex Offender Treatment Program (SOTP-18) (PV)**

- 18-month program
- For sex offenders who pose a high sexual re-offense risk
- 3-Phases (I-Evaluation and Orientation; II-Intensive Treatment; III-Transition and Release)
- Hightower and Hilltop

**Serious and Violent Offender Reentry Initiative (SVORI) (PV)**

- 7-month in-cell pre-release program for restrictive housing inmates
- Offers anger management, cognitive restructuring, cultural diversity and substance abuse education
- Inmates with the parole stipulation of SVORI aftercare may participate in a continuum of care through a Parole District Reentry Center (DRC)
- Targets Level 1 inmates, who volunteer or receive BPP vote
- Estelle High Security

**Female Cognitive Pre-Release Program (FCPRP) (AP)**

- Provides cognitive-behavioral programming to female inmates who are within 6 months of release
- Designed to effectively manage the behaviors of inmates who have served long-term sentences by providing opportunities for behavioral changes, motivating participants to change
- Marlin and Halbert

**Voyager (PV)**

- 3-4 month faith-based life skills program (must volunteer)
- Includes parenting, civic and legal responsibilities, victim sensitivity, health maintenance, employability, money management, and other related life skills
- Males and Females – offered on most facilities

**Prison Fellowship Academy**

- 12 month faith-based program
- 4 Topics ( I Relationships; II Life Skills and Reentry; III Addictions and Recovery; IV Spiritual Formation )
- Graduates will be assigned to various units to assist in mentoring the inmate population
- Inmates must volunteer for this program
- Crain (Sycamore), Vance, Polunsky

**State Jail Substance Abuse Program (SJSAP) (AP)**

- A multimodal program to accommodate the diverse characteristic and individual needs of the State Jail population
- Eligible inmates are placed in the 60-90 or 90-120 days tier based on an assessment
- Components include substance use recovery, family dynamics, life skills training, participation in support groups and inmate life style confrontation
- Dominguez, Gist, Hutchins, Lychner, Travis County, and Plane

**In Prison Substance Use Treatment Program (IPSUTP) (AP)**

- 6-month substance use treatment program
- Halbert, Sayle
- Technology Assisted Program: Polunsky

**WINDHAM SCHOOL DISTRICT**

**Academic**

- Literacy programs that provide adult basic education for those working toward a high school equivalency certificate (GED)
- English as a Second Language classes for those with limited or nonexistent English proficiency

**Vocational**

- Prepares inmates for meaningful employment upon release by gaining experience and learning employable skills.

**Cognitive Skills**

- Helps develop skill in personal accountability and responsibility, anger management, impulse control, overcoming criminal thinking, creating positive attitudes and beliefs and setting goals.

**Parenting**

- Addresses parenting skills and family wellness to support the development of healthy family relationships and healthy lifestyles.

**On-The-Job Training**

- Provides opportunity for inmates to learn employable skills while performing specific TDCJ job assignments.

**COLLEGE**

**CA2Y**

- 2-year Associate’s Degree

**BA**

- Bachelor’s Degree

**MA**

- Master’s Degree

**AAS**

- Associate of Applied Science Degree

**COLLEGE**

**College Vocational**

- Offers post-secondary credit or certification in vocational trades

**NCCOLLVOC**

- Non-Credit College Vocation

**INTENSIVE VOLUNTEER PROGRAMS**

**Faith Based Dorms (FBD)**

- Offers spiritual guidance, life skills, anger management, substance abuse education and mentoring
- Program Lengths: 3 to 24 months predicated per the mission of the units (volunteer to participate)

**The Heart of Texas Foundation College of Ministry**

- Offers a 4-year accredited bachelor degree at no expense to participating inmates (volunteer to participate)
- Available to inmates of any or no faith preference or affiliation who have a verified High School Diploma or GED, and whose Educational Achievement Score (EA) is at least 11.0
- Graduates assigned to various units to assist in ministering and promoting moral rehabilitation in the general population
- Annual Enrollments
- Memorial and Hobby

**Transformational Ministry Dorm (Faith Based Dorm)**

- 12-20 month faith-based pre-release program (must volunteer)
- Classes include biblical overview, values, life skills, personal responsibility, accountability, successful reentry, criminal thinking errors, and anger management
- Releasing to San Antonio, Dallas, Fort Worth, Houston, or El Paso areas
- Torres

Additional Intensive Volunteer Programs are available on all facilities dependent upon volunteers to provide the programs. Speak with your Unit Chaplain about volunteer programs on your unit.